



Parent Education Program



Family Birthing Center

DANVILLE REGIONAL MEDICAL CENTER

Lactation Classes

Taught by our Board Certified Lactation Consultants, this class provides information about the importance of breastfeeding to parents and their families. Techniques for latch-on and positioning are demonstrated to help you get started. Combining breastfeeding with pumping and returning to work or school is also introduced.

Held on the 2nd and 4th Thursday of every month from 6pm - 9pm.

Cost: Free. Pre-registration is required.

Please call 799.4527 to learn more or to register for any of the complimentary classes! All classes are held at DRMC.

Childbirth Education

Having a baby is an exciting event. Preparation for childbirth helps you to be fully involved in the birth of your baby. Taught by a certified childbirth educator, this class will prepare the expectant parents with the facts about labor and delivery including both information and techniques to handle the labor process, as well as, postpartum and basic infant care.

Childbirth Education classes are offered at various times during each month. Attend an all day Saturday class or a weekly series. Lunch is provided.

Infant Safety & CPR

This class is important for anyone involved in the care of your baby or child. Parents, grandparents, babysitters, and older siblings are all encouraged to attend. The instructors are American Heart Association certified CPR instructors. Feel confident in being able to handle your infant by learning safety measures and the basics of infant CPR.

Held on the 1st and 3rd Tuesday of every month from 6pm - 9pm

Cost: Free. Pre-registration is required.